



## Daily Snacks & Lunch

**Date: September 16 - 20, 2019**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<p><i>Morning:</i> Dry Cereal Fruit</p> <p>Milk</p>	<p><i>Morning:</i> Yogurt Fruit</p> <p>Milk</p>	<p><i>Morning:</i> English muffins w/ Jam</p> <p>Milk</p>	<p><i>Morning:</i> Toast w/ Apple Sauce</p> <p>Milk</p>	<p><i>Morning:</i> Fruit Tray Digestive Cookies</p> <p>Milk</p>
<p><i>Lunch:</i> Sandwiches Raw Vegetables Cheese Cubes</p> <p>Fruit</p> <p>Milk</p>	<p><i>Lunch:</i> Mac &amp; Cheese Casserole Carrot Sticks</p> <p>Fruit</p> <p>Milk</p>	<p><i>Lunch:</i> Tofu Stir Fry Rice</p> <p>Fruit</p> <p>Milk</p>	<p><i>Lunch:</i> Chicken Wrap (lettuce, tomato, cheese, salsa, sour cream)</p> <p>Fruit</p> <p>Milk</p>	<p><i>Lunch:</i> Pizza Raw Vegetables</p> <p>Fruit</p> <p>Milk</p>
<p><i>Afternoon:</i> Vegetables w/ Dip &amp; Pita Wedges</p> <p>Water</p>	<p><i>Afternoon:</i> Mock Beaver Tails Fruit</p> <p>Water</p>	<p><i>Afternoon:</i> Bagel w/ Soy Butter or Cinnamon Butter</p> <p>Water</p>	<p><i>Afternoon:</i> Apple Sauce Snack Cake</p> <p>Water</p>	<p><i>Afternoon:</i> Cookies &amp; Fruit</p> <p>Water</p>