

Daily Snacks & Lunch

Date: September 23 - 27, 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning:	Morning:	Morning:	Morning:	Morning:
Cereal	Waffles w/	Boiled Eggs	Toast w/	Fresh Fruit
	Apple Sauce	Crackers	Jam	Graham Crackers
			Fruit	
		·		
·.				
1				
Milk	Milk	Milk	Milk	Milk
Lunch:	<u>Lunch:</u>	Lunch:	Lunch:	<u>Lunch:</u>
Sandwiches	Baked Fish	Ratatouille	Sloppy Joes	Chicken a Là King
Raw Vegetables	Mashed Potatoes	Rice & Quinoa Blend	Salad	Egg Noodles Mix Vegetables
Cheese Cubes	Green Beans			Mix vegetables
Fruit	Fruit	Fruit	Fruit	Fruit
Milk	Milk	Milk	Milk	Milk
<u>Afternoon:</u> Tuna Salad on	<i>Afternoon:</i> Granola Bars	Afternoon: English Muffins	<i>Afternoon:</i> Yogurt	<u>Afternoon:</u> Black Bean
Crackers	Fruit	Soy-Butter	Fruit	-Brownies
Apples	1	Fruit		Fruit
''				
	l			
	1			
	1			
Water	Water	Water	Water	Water