



## Daily Snacks & Lunch

September 12, 2022 - September 16, 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Morning:</b> Cereal  Fruit  Milk	<b>Morning:</b> Breakfast Pita  Fruit  Milk	<b>Morning:</b> Oatmeal Maple syrup  Fruit  Milk	<b>Morning:</b> English Muffins  Fruit  Milk	<b>Morning:</b> Oatmeal Muffins  Fruit  Milk
<b>Lunch:</b> Mushroom Soup  Cheese Crackers  Fruit  Milk	<b>Lunch:</b> Grilled Cheese Sandwich  Tomato Salad  Fruit  Milk	<b>Lunch:</b> Cod Sticks Rice Vegetable Medley  Fruit  Milk	<b>Lunch:</b> Spaghetti Marinara  Cucumber Salad  Fruit  Milk	<b>Lunch:</b> Chicken Fajitas  Crudités  Fruit  Milk
<b>Afternoon:</b> Banana Bread  Fruit  Water	<b>Afternoon:</b> Guacamole Tortilla Chips  Fruit  Water	<b>Afternoon:</b> Fruit Smoothies  Digestive Cookies  Fruit  Water	<b>Afternoon:</b> Yogurt  Fruit  Water	<b>Afternoon:</b> Cheese Crackers  Fruit  Water