



Daily Snacks & Lunch

September 19, 2022 - September 23, 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning: Cereal Fruit Milk	Morning: Breakfast Pita Fruit Milk	Morning: Oatmeal Maple syrup Fruit Milk	Morning: Scrambled Eggs Whole Wheat Bread Fruit Milk	Morning: Raisin Bread Fruit Milk
Lunch: Chicken Soup Cheese Crackers Fruit Milk	Lunch: Lemon Linguine Cucumber Salad Fruit Milk	Lunch: Turkey Wraps Quinoa Peas Fruit Milk	Lunch: Vegetable Penne Baguette Fruit Milk	Lunch: Lemon Haddock Couscous Beans Fruit Milk
Afternoon: Cranberry Bread Fruit Water	Afternoon: Salsa Cheese Dip Tortilla Chips Fruit Water	Afternoon: Apple Sauce Graham Crackers Fruit Water	Afternoon: Yogurt Fruit Water	Afternoon: Cheese Crackers Fruit Water