



Daily Snacks & Lunch

September 26, 2022 - September 30, 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning: Cereal Fruit Milk	Morning: Breakfast Pita Cream Cheese Fruit Milk	Morning: Oatmeal Maple syrup Fruit Milk	Morning: Rice Cakes Soy Butter Fruit Milk	Morning: Cereal Fruit Milk
Lunch: Red Lentil Soup Cheese Crackers Fruit Milk	Lunch: Spaghetti Marinara Baguette Fruit Milk	Lunch: Cod Sticks Rice Vegetable Medley Fruit Milk	Lunch: Vegetable Penne Baguette Fruit Milk	Lunch: Roast Chicken Potatoes Beans Fruit Milk
Afternoon: Orange Cake Fruit Water	Afternoon: Oatmeal Muffins Fruit Water	Afternoon: Fruit Smoothies Digestive Cookies Fruit Water	Afternoon: Yogurt Fruit Water	Afternoon: Granola Bars Fruit Water