



## Daily Snacks & Lunch

November 07, 2022 - November 11, 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Morning:</b> Cereal  Fruit  Milk	<b>Morning:</b> Whole Wheat Bread Soy Butter  Fruit  Milk	<b>Morning:</b> Oatmeal Maple Syrup  Fruit  Milk	<b>Morning:</b> English Muffins Soy Butter  Fruit  Milk	<b>Morning:</b> Raisin Bread  Fruit  Milk
<b>Lunch:</b> Red Lentil Soup  Cheese Crackers  Fruit  Milk	<b>Lunch:</b> Vegetable Penne  Pepper Salad  Fruit  Milk	<b>Lunch:</b> Fish Tacos Rice Corn  Fruit  Milk	<b>Lunch:</b> Spaghetti Marinara  Cucumber Salad  Fruit  Milk	<b>Lunch:</b> Spinach Quiche  Tomato Salad  Fruit  Milk
<b>Afternoon:</b> Banana Bread  Fruit  Water	<b>Afternoon:</b> Whole Wheat Muffins  Fruit  Water	<b>Afternoon:</b> Tortilla Chips Salsa  Fruit  Water	<b>Afternoon:</b> Yogurt  Fruit  Water	<b>Afternoon:</b> Cheese Crackers  Fruit  Water