



## Daily Snacks & Lunch

December 19, 2022 - December 23, 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning:  Cereal    Fruit  Milk	Morning:  Breakfast Pita Cream Cheese   Fruit  Milk	Morning:  Oatmeal Maple Syrup   Fruit  Milk	Morning:  English Muffins Soy Butter   Fruit  Milk	Morning:  Raisin Bread    Fruit  Milk
Lunch:  Corn Chowder  Cheese Crackers  Fruit  Milk	Lunch:  Tuna Conchiglie  Pepper Salad  Fruit  Milk	Lunch:  Spinach Quiche  Tomato Salad  Fruit  Milk	Lunch:  Lemon Linguine  Cucumber Salad  Fruit  Milk	Lunch:  Cod Sticks Rice Vegetable Medley  Fruit  Milk
Afternoon:  Cranberry Cake    Fruit  Water	Afternoon:  Orange Muffins   Fruit  Water	Afternoon:  Tortilla Chips Salsa   Fruit  Water	Afternoon:  Yogurt   Fruit  Water	Afternoon:  Granola Bars   Fruit  Water